

GOING DEEPER AT HOME

MAY 9: I'M AFRAID

Have you ever been so scared that you were paralyzed by fear? Fear is something that many people struggle with and this paralyzing grip fear has only seems be getting worse as time goes on. Jesus' 12 disciples definitely struggled with it, especially as they crossed the Sea of Galilee in a small boat while Jesus slept and a massive storm hit. Jesus invites us to put our confidence in Him and see what we can do together.

SCRIPTURE:

Matthew 8:23 - 27, 14:22 - 27

GOING DEEPER QUESTIONS:

- 1. What is something that creates fear in you? Does it paralyze you or are you able to work through it?
- 2. What is something from the message that stood out to you, was new to you or challenged you?
- 3. Respond to the statement "Because of Jesus we do not need to be afraid even though there is every reason to be afraid." Is this true? Why or why not?
- 4. Think of a time a "furious storm" came up in your life. How did you respond and how does that "storm" impact the way you will respond to potential storms in the future?
- 5. Read Matthew 10:28. Jesus tells us to fear "the One who can destroy both soul and body in hell." What comes to mind when you hear this?
- 6. Read Matthew 14:22–31. Talk about a time when you or someone you know pushed past fear and took a bold step to follow Jesus. How did that event affect your faith?
- 7. What do you fear right now? What is one practical thing you can do this week to remind yourself not to be afraid because Jesus is with you?
- 8. What step is the Holy Spirit inviting you to take in response to this?